

# Verzine

# This Issue

What started as a Green Club Initiative is now the official school magazine. Verzine, a combination of two French words *vert* (green) and *magazine*, was intended to promote the activities and programs of BASS Green Club. But after our Zero issue we felt that this could be an opportunity for the school to use this platform as a communication mean with our parents, students, alumni and friends.

Thus, Verzine saw the light as an added tool to help promote the message of our institution and provide a space for our students to express their ideas, artistic abilities and to relate to current issues.

Verzine will be issued 5 times a year. We have a dedicated group of students and teachers who function as the editorial team of this publication, with an opportunity to any person (students, parents, friends and alumni) to contribute to this endeavour

You can communicate with us on [verzine@bass.edu.lb](mailto:verzine@bass.edu.lb) 📧



By the time this issue is released, BASS would have finished the second stage from our initiative with LBC “Nehna La Ba3d”.

Community service is a beacon that we at BASS recognise as integral part of our curriculum because the need today is for citizens who can in addition to their scholar abilities be able to play an active part in serving the community at various levels.

This initiative has proved to be a successful one because of the joined efforts of our students and parents, to which we are thankful, and all our friends and alumni.

Another remarkable part in this issue is the contribution of our students, we are happy to see the great work in these articles. Students from various grades wrote in English, Arabic and French reflecting the divers abilities of our

programs and students.

Activities occupy a remarkable space in the 2<sup>nd</sup> issue. Extracurricular activities are a complementary aspect of our educational system, that is why our students have the opportunity to be involved in excursions and visits to locations that enhances their knowledge in real life experiences.

It was once written that a book is like a garden that contains all kind of roses and flowers and with every page you turn you smell a different petal. We hope that with every page of this magazine our readers will be able to enjoy the work of our students and walk through the pages as if they are walking through a garden redolent with refreshing odors.

**Jimmy Choufani**  
Principal



## Television and its influence on Children's Behavior



Television can be a powerful entertainment and educational tool for children given the right programming. However, studies have shown that television, and media in general, can also have a negative influence. Some studies say that it shorten attention span, deform body image, work to escalate obesity, create fear, and increase aggressive and anti-social behaviors if exposure is unmonitored and unlimited.

For many parents the hectic pace, and non stop demands of the day to day living, have made monitoring the hours their kids watch television a low priority, so if parents are busy and want to keep their kids away from them, or entertained for a while, the only escape or solution is watching television. They forget the fact that their kids are watching unsupervised programs, and scenes.

Parents should be aware of what their children are watching on TV and if they are not available all the time, they can choose specific programs for their child to

watch, which in return have positive influence on them, such as positive social behavior, sharing, good manners, learning songs, counting, and vocabulary words.

Here are some guidelines for parents:

- Set limits to your youngsters' television watching. (Keep their use of TV, movies, videos, and computer games to no more two hours a day.)

- Use TV ratings to choose appropriate programs for your child.

- Watch TV with your youngsters whenever possible, and talk about what you've watched.

- Limit the commercials your child sees, because commercials make us want products we might not need.

We should be very careful and alert of what our kids see around them. Parents' role is not an easy task. Instead of using TV as a negative means of communication with the outside world, we should make use of it as a positive means of communication, and make the best out of the educational programs, to teach and guide our kids to be on the right track.

by **Taline Nalbandian Elem HOD**

I find **television** to be very educating. Every time somebody turns on the set, I go in the other room and **READ** a book. ~Groucho Marx



**Number of minutes per week that the average child watches**

**television\*: 1,680**

**Number of minutes per week that parents spend in meaningful conversation with their**

**children\*:**

**3.5**